



## Grade 6 Sample Lesson Plan: Unit 1 – Injury Prevention

### SOLs

- 6.1.H - Create strategies to prevent injuries, to include safety habits in vehicles, on the Internet, and in public areas, and using protective gear.
- 6.3.F - Identify strategies to reduce illness and injury at home and at school.

### Assessment Ideas

- Present students with descriptions of student behaviors or images of scenes and have them identify any safety missteps.
- Students brainstorm a list of vehicle safety precautions.
- Students list safety precautions to observe while at the park, playground, or on public roadways
- Students check the schoolyard or community playground for safety hazards.
- Students reflect on a situation in their life when first aid skills were required.
- Students list activities that require protective gear.
- Students brainstorm risky activities that might lead to injury and discuss how to avoid them
- Students make a home escape plan that identifies two ways to exit each room.
- Students discuss a classroom escape plan.
- Students create safety checklists/ inventories for homes (fire detectors, carbon monoxide, sprinklers, fire extinguisher, etc.).
- Students create first aid booklets with illustrated recommendations.
- Students write a persuasive essay about sunburn and sun protection.
- Students make a poster about how to treat sunburn.
- Students jointly come up with safety rules for fire, playground, driving, sunburn, biking, etc.
- Students work in groups to develop fact sheets about their assigned safety issue. Then, they create role-plays to illustrate how to use the safety facts and the decision-making steps to make safe decisions about ways to avoid accidents, preventive measures and what to do in an emergency.
- Students research the leading causes of unintentional injury deaths for individuals.
- Students plan learning centers about an assigned safety topic using props and posters. Students rotate through each center where they learn about a particular safety issue (e.g., vehicle safety, protective gear).
- Students identify emergency situations, state the appropriate response steps, and demonstrate how to perform.
- Students interview five adults regarding seatbelt usage and record their reasons for using or not using a safety belt.